

# SAMAKY *stories* SUCCESS

## Mr. Seom Moel's Journey with Life Skills Education

Mr. Seom Moel is 28 years old. He was born in Thmei Village, Champuvorn Commune, Chumkiri District, Kampot Province. He now lives in Trapeang Pring South Village, Trapeang Pring Commune, Teuk Chhou District, Kampot Province. He is married and has two sons.

He has been a teacher for 9 years. He started teaching in 2016 at Phnom Preah Primary School in Chumkiri District. In 2017, he moved to Boh Trabaek Primary School, where he continues to work today.

Mr. Moel joined his first Life Skills Education training in February 2024. The training was organized by the SAMAKY Organization and supported by trainers from the Department of Technical and Vocational Orientation under the Ministry of Education.

By mid-2025, he had been running the program for about one and a half years. He studied three main topics and created nine student booklets on life skills. Before the training, he had no experience with Life Skills Education. Now, he has completed all six steps of the program, teaches life skills to students, and even trains teachers at other schools.

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At first, he thought Life Skills Education was only about farming, like planting vegetables or preparing soil. When he started, he faced many challenges. He felt nervous and unsure about where to begin. The hardest part for him was collecting data and writing the student booklets, since he had never done it before. He often had to look back at the training materials and videos. He also asked his fellow teachers for help whenever he didn't understand something.

His students also had challenges. At first, they were shy, nervous, and didn't feel confident. They were afraid to join discussions or interview professionals from the community.

Over time, things improved. The students became more confident and active in school. They learned how to speak up, work in groups, and think more critically. They also became more respectful and showed interest in learning from older people in the community. They developed skills to observe and understand real-life events.

For Mr. Moel and other teachers, the program helped them understand the Life Skills curriculum more clearly. It brought them closer to their students and helped them learn how to design creative learning activities. The program also gave them the chance to work with model farmers and community members.



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The school has seen many benefits. Students now follow better hygiene practices and care more about the environment. Local authorities and community members have become more involved in school activities. Students have had the chance to learn from guest speakers and role models. They have also learned how to think about safety and report problems they see.



SAMAKY NGO: Life Skill Training 09.05.2025